

FUNDING

Grants from the Commonwealth of Virginia and the Rehabilitation Services Administration allow VAIL to provide services that assist individuals with disabilities in remaining as independent as possible.

VAIL is primarily funded by *reimbursement for services rendered* through the Department for Aging and Rehabilitative Services, the Community Services Board, and the Department of Medical Assistance Services (Medicaid).

Additionally, VAIL engages in a variety of *fundraising* activities to meet ongoing needs and an increase in demand for services. All fundraising proceeds and donations are used to provide individuals with disabilities with much-needed services.

SUPPORT

VAIL is a 501c3 nonprofit organization. All donations are fully tax-deductible and are greatly appreciated!

In addition, VAIL is always seeking energetic, enthusiastic board members.

Request more information by email:
vail@govail.org

Thank you for your support!

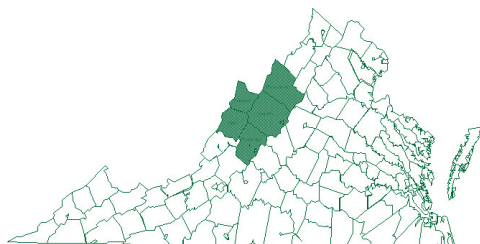
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www.govail.org

VAIL serves Planning District 6,
which includes the following
counties & cities:

Rockingham	Harrisonburg
Augusta	Staunton
Bath	Waynesboro
Rockbridge	Lexington
Highland	Buena Vista



Promoting self-direction
among people with disabilities
and
removing barriers to independence
in the community

VAIL is a Center for Independent Living (CIL), serving people with disabilities in the Shenandoah Valley since 1988.

CILs offer expertise in disability laws and accessing community-based services and funding. Most importantly, CILs provide a cross-disability, consumer-directed perspective that promotes choice and self-advocacy.



At least 51% of VAIL's staff and board of directors are people with disabilities, ensuring that people with disabilities play an integral role in shaping the services that impact their lives.

SERVICES

Advocacy

VAIL assists in advocating for accessible services and opportunities and teaches individuals with disabilities to become effective self-advocates.

Customizable workshops and forums are available to businesses and organizations on government regulation, disability awareness, and related topics.

VAIL promotes grassroots efforts to improve community-based disability services and policy.

Independent Living Skills Training

By setting achievable goals and creating customized instruction, VAIL staff help people with disabilities learn the skills necessary to live independently in the community, including:

- Financial management
- Meal preparation & grocery shopping
- Household maintenance
- Recreation and social skills
- Use of public transportation

Information & Referral

Staff assess the needs of an individual and match resources to needs — such as affordable, accessible housing and assistive technology — providing options counseling and making referrals to other service agencies as necessary.

Benefits planning services are available to eligible individuals who wish to work.

Transition Services

VAIL staff aid in the transition of people with disabilities from nursing homes and other institutions to home or community-based living and provide assistance to those at risk of entering an institution.

Transition services include guidance to students, parents, and school divisions for the Individualized Education Program (IEP), as well as preparing youth to transition from school-based services to adult services through higher education, the workforce, and the community.

Peer Support

Individuals with a disability draw upon their own experiences to advise others about how to self-advocate for disability services and resources. Peer mentors can help others to explore options, solve problems, and develop new skills.

Technical Assistance

VAIL staff provide training and information about disability-related legislation and compliance, such as:

- Americans with Disabilities Act
- ADA Accessibility Guidelines
- Assistive Technology
- Fair Housing Act
- The Rehabilitation Act
- Virginia's Medicaid Waivers

Waiver Assistance

VAIL offers service facilitation for consumer-directed services available through Medicaid waivers.

VAIL also provides service coordination to individuals with a developmental disability who are eligible for a Medicaid waiver.