Join us for the 3rd annual Rocktown Chili Throwdown on August 12th from 1 pm - 6 pm at Three Notch’d Brewing Company in downtown Harrisonburg. Chefs from local restaurants will compete for the Judges’ Choice and People’s Choice.

Enter the hot pepper eating contest!

Music by Randy Black & Pat Wertman as well as Shenandoah Alley, Mercy Deer, and Trout Mouth.

Entry fee is $8.00.

Come join the fun!

VAIL was awarded a Community Development Block Grant from Harrisonburg to host community education seminars. Excellent presentations have been given on the topics of Fair Housing, ADA and Employment, ADA Accessibility & Universal Design, and Working with Disability Benefits. Additionally, a cooking class for young adults with developmental disabilities was provided.

Many thanks to Massanutten Technical Center for partnering with VAIL to host the cooking class, to Doug Guynn and Michael Sharp of BotkinRose Law Firm for their expertise on ADA and Employment, to Mahalia Dryden-Mason of the Virginia Fair Housing Office, Melissa Cobbler with ABLEnow, and to Scott and Sarah Pruett with The Universal Design Project for their presentations.

Over 135 individuals attended the educational presentations and 17 young adults attended the cooking class. We are grateful to the City of Harrisonburg for partnering with VAIL to bring you these seminars.
VAIL IS HERE TO ASSIST WITH YOUR HOME MODIFICATION NEEDS

BUILD UNITED

Build United provides for home modifications and repairs for individuals who own their home and reside in Harrisonburg and/or Rockingham County. Individuals must meet income and other eligibility requirements. Applications can be found at www.uwhr.org/build-united. Or contact VAIL if you need assistance completing an application.

VHDA, in partnership with VAIL, provides for home modifications to Veterans who sustained a service related disability. Grant funds are available up to $6,000 per residence. VAIL staff will assist you with completing the required paperwork and walking you through the process. Call VAIL today if you are a veteran or service member who sustained a line of duty injury resulting in a service connected disability.

Rental Unit Accessibility Modification

VHDA and VAIL work together to assist renters who need home modifications due to disability. VAIL will assist you with the paperwork required for this program. The grant program provides for up to $6,000 per rental unit for necessary modifications.

Renewing Homes of Greater Augusta is an all volunteer organization whose mission is to provide free, critical home repairs and modifications for elderly, disadvantaged, and disabled homeowners so they can live with dignity in a safe, warm, dry, and accessible environment. To apply, go to renewinghomes.org/application. Or contact VAIL if you need assistance completing an application.

CCC PLUS TRANSPORTATION

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<tr>
<td>Aetna Better Health of VA [Logisticare]</td>
<td>800-734-0430</td>
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<tr>
<td>Anthem HealthKeepers [Southeastrans]</td>
<td>855-325-7581</td>
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<tr>
<td>Magellan Complete Care of VA [Veyo]</td>
<td>877-790-9472</td>
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<td>Optima Health [Southeastrans]</td>
<td>855-325-7558</td>
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<tr>
<td>United Healthcare (for Rockbridge, Bath, &amp; Highland regions) [National Med Transportation]</td>
<td>844-604-2078</td>
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<tr>
<td>United Healthcare (for Rockingham &amp; Augusta regions) [MTM]</td>
<td>888-258-0521 [844-525-1491 for Ride Assist]</td>
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<tr>
<td>Virginia Premier [self]</td>
<td>877-719-7358</td>
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**MARK YOUR CALENDAR**

VAIL relies on the generosity of our community to provide an array of services to more than 560 individuals in 5 counties and 5 cities. We strive to make independent living a reality for individuals with disabilities. Here are some upcoming events that you can participate in and help VAIL provide these services.

- **August 12, 2018:** 3rd Annual Rocktown Chili Throwdown at Three Notch’d Brewing, Harrisonburg
- **September 29, 2018:** Designer Handbag & Tool Bingo, Weyers Cave Community Center
- **November 17, 2018:** 25th Annual Doyle Lawson & Quicksilver benefit concert, JMU Memorial Hall
- **February 16, 2019:** 5th Annual Artic Dip, Shenandoah Acres Family Campground in Stuarts Draft

**DD Waivers Wait List Changes**

DBHDS has taken over management of the waiting lists for the Medicaid DD waivers (Building Independence, Family & Individual Supports, and Community Living waivers). The Department is sending out letters to individuals who are currently on the waiting list and are expecting individuals to follow up with the Department to verify that they wish to remain on the waiting list. If individuals do not respond to these notifications, they will be removed from the waiting list. Your case manager may contact you regarding this; however, we encourage you to be proactive and contact DBHDS to maintain your position on the waiting list.

**OPTIONS COUNSELING**

Remain at home. Use your voice, have a choice, and live life fully. We can help you develop your own personal plan and connect you with supports and services that help you remain at home or return home.

Options Counseling is for individuals who are 60+ years old or who are 18+ years old and have a disability and are interested in knowing what the options are for community living. VAIL staff will walk with you and share information on resources and services available to remain living in your community.

Please contact Paula Ford at (540) 280-9141 or paula@govail.org for more information.

*This service is a partnership between VAIL and Valley Program for Aging Services (VPAS).*

**MEDICAID EXPANSION**

**WHAT DOES IT MEAN?**

**Are You Eligible?**
- You are a Virginia resident;
- Between the ages of 19 and 64 years;
- Not already in or eligible for Medicare; AND
- Meet the income requirements.

**When does the coverage start:**
- January 1, 2019

**Can I qualify if I have a pre-existing condition?**
- Yes! As long as you meet the other criteria.

You are encouraged to visit the coverva.org website regularly for updates on how to enroll for coverage and information on workforce training and employment supports as they are developed.

**Income Limits**

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<th>Household Size</th>
<th>Yearly Income</th>
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**COVERVA.ORG**

CHECK OUT VAIL’S WEBSITE

WWW.GOVAIL.ORG
Congratulations to Paula Ford!

VAIL is pleased to celebrate with Paula Ford, our Options Counselor and Community Living Specialist. Paula recently graduated from Mary Baldwin College with her Bachelor’s degree in Social Work. Paula has worked hard to achieve this and we are so excited for her. Congratulations Paula!

Welcome Kris Shy

Kris joined the VAIL team on July 2, 2018 as the Program Support Specialist. She graduated from JMU with a degree in English. Please join us in welcoming Kris to the VAIL team!