



# **FREE** FALL LEARNING SERIES



OCTOBER 2020

- October 1st SNAP, TANF, & Energy Benefits—Carolyn Harlow, Harrisonburg Rockingham Department of Social Services  
[Register here.](#)
- October 6th Resume Writing & Interview Tips—Diane Haldane, VAIL  
[Register here.](#)
- October 8th Budgeting—Alana Stevenson, VAIL  
[Register here.](#)
- October 13th Virginia Housing Rental Unit Accessibility Modification Program—Gayl Brunk, VAIL  
[Register here.](#)
- October 15th Division of Rehabilitative Services & How To Access—Jessica DeCarlo, Dept. of Aging & Rehabilitative Services  
[Register here.](#)
- October 20th Understanding A Paycheck & Paying Bills—Chelsea Skelton, VAIL  
[Register here.](#)
- October 22nd Self-Advocacy—Alana Stevenson, VAIL  
[Register here.](#)
- October 27th Online Grocery Shopping & Grocery / Meal Delivery—Ana Hunter-Nickels, VAIL  
[Register here.](#)
- October 29th Social Security Disability Benefits & WISA Services—Diane Haldane, VAIL  
[Register here.](#)

All seminars will be held from noon to 1:00 PM on Zoom.

Registration is required.

If any accommodations are needed, please contact email [andrea@govail.org](mailto:andrea@govail.org). Requests should be made as soon as possible but at least 10 days prior to the scheduled meeting.